[Chapter] Chapter

Principles Congruent Environments Action Plan

This Action Plan was Updated:

By: [Officer Name] [Officer Title]

The Principles Congruent Environments Action Plan

The Principles Congruent Environments Action Plan is an essential tool for outlining the chapter's strategy for risk management and prevention. The Fraternity believes that the physical and social environments created by the chapter should foster positive growth and development and the establishment of lifelong friendships. This should also include the promotion of safe and healthy lifestyles. Furthermore, the Fraternity believes that the chapter should foster a brotherhood that respects the dignity of people while embracing the free exchange of ideas.

The foundation of this plan is grounded in the idea that Sigma Nu chapters should be able to think strategically about risk management as well as maintain compliance with the Fraternity's *Risk Reduction Policy* and the applicable policies and expectations of the IFC and college/university.

Resources and Support

This Principles Congruent Environments Plan was completed under the guidance of the following chapter resources:

- Risk Reduction Chairman's Officer Manual
- Social Chairman's Officer Manual
- House Manager's Officer Manual
- Pursuit of Excellence Guidelines for Principles Congruent Environments
- General Fraternity Resources for Risk Management
- Educational Programs Resources
- Social Planning Guide
- Crisis Management Plan Template
- Strategic Planning and Officer Action Plan Overview
- The Law of Sigma Nu Fraternity, Inc.
- *Risk Reduction Policy*

Envisioned Future

[Based on the above information, what are some areas where the chapter would like to see improvement? How will improving in these areas benefit the chapter? What is the chapter's short-term vision for this area?]

The Risk Reduction Committee

THE RISK REDUCTION CHAIRMAN

The role and expectations of the Risk Reduction Chairman.

[Based on the chapter's bylaws and expectations for the position, what are the role and expectations of the Risk Reduction Chairman? How can he provide support to the membership? What are the unique expectations for this officer?]

THE RISK REDUCTION COMMITTEE ROSTER

Committee Member Name	Position
	Risk Reduction Chairman
	Social Chairman
	Commander

Advisor Name	Advisor Position	Phone	Email
	Committee Advisor		

RISK REDUCTION COMMITTEE ROLE

The role and expectations of the Risk Reduction Committee.

[What is the Committee's responsibility to the chapter? How can the committee be effective in executing on the expectations it has been tasked with? What do the bylaws outline as their role, expectations, and authority?]

RISK REDUCTION COMMITTEE GOALS

Committee goals use the S.M.A.R.T. format – Specific, Measurable, Agreed-Upon, Realistic, and Timely.

[Insert five to ten goals here. Some examples include; Complete the Values Congruent Environments action plan by ___ date. The committee will create risk reduction plans for __ social events by __ date. The Risk Reduction Committee will plan __ educational programs for the chapter by ___.]

RISK REDUCTION COMMITTEE MEETING SCHEDULE

[Insert chapter information here. Schedule a regular day, time, and location for committee meetings.]

RISK REDUCTION COMMITTEE EXPECTATIONS

[Set expectations for the committee, for both individual members and the committee collectively. Examples include: Hold meetings weekly, be at every meeting, complete all individual duties, bring a pen and appropriate materials to meetings, keep a calendar, etc.]

RISK REDUCTION COMMITTEE STANDARD AGENDA

The standard agenda for future risk reduction committee meetings will be as follows:

[Use this box to create a standard agenda for committee meetings. Below is a sample that can be changed as needed.
Opening
Roll call
Old Business
    Review of Notes/Minutes from Last Committee Meeting
    Review previous chapter events/functions
New Business
    Upcoming Chapter Events/Functions
    Upcoming Educational Opportunities
Review of the Pursuit of Excellence Criteria
    Current Progress Toward Excellence Criteria
    Review of Calendar
Prepare Report for Chapter Meeting
    Review action items for all committee members
Closing]

RISK REDUCTION COMMITTEE BUDGET

[List the specific breakdown of the chapter's Risk Reduction Committee budget for the current and upcoming term. If possible, you are encouraged to copy and paste your budget here. The budget should outline expected expenditures that promote improvements in the chapter's activities such as the cost for materials to put on the chapter's educational programs, costs for any health and safety related items (e.g. trash bags, rakes, brooms, gloves, etc.) "thank you" cards for guest speakers brought in to talk about Risk Reduction, etc.]

Principles Congruent Environments Education

TIGHTROPE

Chapter plans for ensuring member completion of Tightrope.

[The chapter should use this box to document the chapter's strategy for ensuring each member of the chapter has completed CommunityEdu. It is recommended that CommunityEdu completion be incorporated into the chapter's candidate education program. The chapter should document any policies or bylaws in place to hold members accountable to completing this program.]

RISK MANAGEMENT EDUCATION

Chapter process for educating its members on prevention strategies and risk management.

[Using this box, the Chapter should outline its process and philosophy behind making sure its members are educated on the Fraternity's risk management practices and how the chapter contributed to the health and wellness of its members. The chapter should include when and how it reviews the Fraternity's Risk Reduction Policy and applicable policies of the IFC and college/university with the chapter. It should also include information on the different educational programs the chapter hosts each year on topics such as health and wellness, safety, sexual assault prevention, drug abuse, diversity, and mental health. For educational programs outside of the LEAD program available to the chapter, visit the "Educational Programming Resources" link on page 2 for access to programs such as, DignityU, Behind Happy Faces, Social and Bystander Strengths, as well as discussion guides for the educational poster series.]

This section is dedicated to the chapter's schedule and calendar for LEAD sessions connected to the creation of principles congruent environments. The spaces and boxes outlined document the chapter's completed and/or planned programs. Boxes left blank indicate that the chapter has not made plans to implement that session during the current academic year. The chapter's plan for educational workshops outside of the LEAD Program will be included at the end of this section.

LEAD SESSIONS

Phase I: Session 5: Risk Reduction	**Facilitator(s):** [Name, Title/Role]
Date(s) Facilitated:	

Phase I: Session 6: Values and Ethics	**Facilitator(s):** [Name, Title/Role]
Date(s) Facilitated:	

Phase I: Session 7: Alcohol Misuse Prevention	**Facilitator(s):** [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module A: Session 1: Wellness	**Facilitator(s):** [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module A: Session 6: Diversity	**Facilitator(s):** [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module B: Session 7: Accountability	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module C: Session 1: Alcohol Abuse	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module C: Session 2: Sexual Assault (Social Strengths Workshop)	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module C: Session 3: Fire Safety and Chapter Maintenance	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module C: Session 4: Sexually Transmitted Infections (STI's)	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module C: Session 5: Safe Medication Practices for Life	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 1: Understanding Mental Health	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 2: Your Mental Health	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 3: Changing Ineffective Coping	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 4: Talk To A Brother	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 5: Before the Breakdown	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 6: Acute vs. Chronic Stress	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 7: Good Stress and Stopping Procrastination	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 8: Sympathy, Empathy, and Compassion	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

All-Chapter Module D: Lesson 9: Neuroscience of Happiness	Facilitator(s): [Name, Title/Role]
Date(s) Facilitated:	

ADDITIONAL EDUCATION

Chapter's plans for additional educational sessions / workshops hosted by the chapter.

[In this section, describe the chapter's plans for additional educational content hosted by the chapter. This would exist outside of the set LEAD curriculum but is still beneficial for the chapter. Examples of programs a chapter might explore are, topics on men's health, nutrition, CPR training and certification, TED talk discussions, etc.]

EDUCATIONAL RESOURCES PROVIDED BY THE CAMPUS

Description of the resources and programs made available by the campus.

[In the chapter's own words, create a list and/or description of the programs, services, and resources offered by the campus that could assist the chapter with the education of its general members. The chapter should include programs offered by the IFC or Fraternity/Sorority Life Office, as well as any programs and resources offered by dedicated offices on campus. For example, the IFC may host a guest speaker for the community during Greek Week or the Campus Health Center may offer a week's worth of programming on health and wellness topics, etc.]

Anti-Hazing Education

SIGMA NU FRATERNITY'S HAZING DEFINITION

Hazing as defined by the General Fraternity in the Risk Reduction Policy:

II. Hazing

The chapter does not conduct hazing. Hazing is defined by Sigma Nu Fraternity as:

"... any action taken, or situation created, intentionally, whether on or off fraternity premises, to produce mental or physical discomfort, embarrassment, harassment, or ridicule. Such activities may include but are not limited to the following: paddling in any form; creation of excessive fatigue; physical and psychological shocks; quests, treasure hunts, scavenger hunts, road trips, lineups or any other such activities carried on outside or inside the confines of the chapter house; wearing, publicly, apparel which is conspicuous and not normally in good taste; engaging in public stunts and buffoonery; morally degrading or humiliating games and activities; late work sessions which interfere with scholastic activities; and any other activities which are not consistent with fraternal law, ritual or policy or the regulations and policies of the educational institution."

The willingness of any individual to participate in any hazing activity does not excuse any hazing violation.

CAMPUS DEFINITION OF HAZING

Hazing as defined by the College/University:

[Use this section to record the hazing definition and/or policy of the college/university.]

HAZING PREVENTION

Chapter's efforts to educate its members and uphold Sigma Nu's anti-hazing principles.

[Outline the actions taken by the chapter to articulate Sigma Nu's anti-hazing heritage and stance to all initiates and candidates? Include what education is provided to both members and new members about how hazing will not be tolerated and what support the new members have to report hazing if it is experienced. Include any plans the chapter has to host or participate in programs provided by the campus or other organizations related to hazing prevention, such as National Hazing Prevention Week. Outline the talking points and timeline for explaining the anti-hazing policy and reporting process candidates can use if concerns arise – either reporting within the chapter or by calling the anti-hazing hotline, 1-888-NOT-HAZE.]

Event Management

Ensuring chapter members are committed to creating principles congruent environments is essential for the well-being and success of a chapter. Part of this effort involves educating the chapter and campus community about topics in health & safety and risk reduction. Another part is in executing events that put the Fraternity's principles and the chapter's values into action and promote respect and dignity for members and guests. The remaining sections of this Action Plan are dedicated to describing the chapter's procedures for event management.

UNIVERSITY / IFC POLICIES AND EXPECTATIONS

College / university and IFC policies governing social events and event planning for the chapter and Fraternity / Sorority Community.

[Use this box to provide a brief overview of the college/university and IFC's policies governing social and community events. The chapter should place links to University and IFC policies and expectations here for quick access. Indicate the last time these policies have been reviewed by the committee and chapter, and when they will be reviewed again.]

CHAPTER EVENT PROCEDURES

Chapter's procedures for social events and event planning.

[Use this box to provide an overview of the chapter's procedures for social events and event planning. If the chapter is housed, the chapter should include plans for how the chapter will manage events at the house. The chapter should also outline its policies and procedures for managing events with alcohol such as, BYOB procedure, security, sober monitoring, and ensuring guests and members are kept safe. If the chapter is unsure of how to develop these plans, consult the Social Planning Guide featured on page 2 of this document.]

CRISIS MANAGEMENT PROCEDURES

[Use this box to provide an overview of the chapter's crisis management procedures. The chapter should consult the General Fraternity for additional information and resources on drafting a crisis management plan if current plans for the chapter do not exist. See page 2 of this document for a template for a chapter crisis management plan.]